

Training	<p>CareAcademy's Dementia Care Certification is for caregivers seeking to specialize in Alzheimer's Disease and related dementias. From the fundamentals of dementia to best practices for supporting an older adult living with dementia with activities of daily living, this certification offers a complete educational solution to upskill direct care workers and equip them with the knowledge and skills needed to provide optimal care to older adults living with dementia.</p> <p>~10 hours</p> <p>This curriculum is approved by the Alzheimer's Association. Upon completion, learners can take the EssentiALZ certification exam that tests dementia care knowledge through alz.org. The exam is only available to residents of the United States and is valid for 2 years.</p> <p>This curriculum is also approved by Southern New Hampshire University (SNHU) as a substitute for CHE325 - Aging and Wellness, a 3 credit class. Upon successful completion of the CareAcademy Dementia Care Certification, participants can apply the credits to their degree once matriculated into SNHU. National and international learners can attend SNHU and apply these credits to a degree.</p>
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Classes	Hours	Class ID	Package Availability
<p>Class Introduction to Dementia Care</p> <p>Objectives Define dementia. Identify common symptoms of dementia. Describe stages of Alzheimer's disease and the symptoms experienced at each stage. Recognize dementia-related behaviors. Understand the importance of the care plan for older adults living with dementia. Recognize the impacts of dementia on the client's family. Determine how to care for an older adult in the final stage of Alzheimer's disease. Recognize types of non-medicinal therapies for dementia. Suggest environmental changes to support a client living with dementia.</p>	1 hr	CARE1200	Starter
<p>Class Communicating with a Person with Dementia</p> <p>Objectives Define early stage dementia and identify positive communication strategies for older adults in this stage Describe middle stage dementia and identify positive communication strategies for older adults in this stage Describe late stage dementia and identify positive communication strategies for older adults in this stage Determine methods of communicating with clients living with dementia who exhibit dementia-related behaviors.</p>	1 hr	CARE1201	Starter
<p>Class End of Life Dementia Care</p> <p>Objectives Recognize the signs of severe dementia and end of life. Identify strategies for communicating with an older adult living with severe dementia. Determine causes of pain or discomfort in an older adult living with dementia at the end of life. Apply strategies to promote comfort in the older adult living with dementia at the end of life</p>	1 hr	CARE1202	Starter
<p>Class Addressing Agitation & Aggression in Dementia</p> <p>Objectives Recognize causes of agitation or aggressive behavior in older adults with dementia. Identify the aggressive behaviors associated with dementia in older adults. Determine strategies for preventing agitation and aggressive behaviors in older adults with dementia. Describe tactics for managing agitated and aggressive behaviors of an older adult with dementia.</p>	1 hr	CARE1203	Starter
<p>Class Safety in Dementia</p> <p>Objectives Identify safety risks for older adults living with dementia. Implement accident prevention strategies in the home of an older adult living with dementia. Determine tactics for ensuring the safety of the older adult living with dementia outside the home. Consider the importance of balancing independence and safety for older adults living with dementia.</p>	1 hr	CARE1204	Starter
<p>Class The Science of Dementia</p> <p>Objectives Describe the basic structure, function, and physical changes that affect the brain and nervous system. Identify diseases that cause dementia, common symptoms, and the impact on care practices.</p>	0.5 hr	CARE1205	Starter
<p>Class Parkinson's Disease Dementia</p> <p>Objectives Recognize the relationship between Parkinson's disease and dementia. Identify the symptoms of Parkinson's disease and Parkinson's disease dementia. Describe tactics for supporting the care of an older adult living with Parkinson's disease dementia.</p>	1 hr	CARE1206	Starter
<p>Class Person-Centered Care for Older Adults Living with Dementia</p> <p>Objectives Describe the benefits of providing person-centered care for older adults living with dementia. Explain how to incorporate person-centered care approaches into the care of older adults living with dementia, to respect background, culture, experiences, and attitude.</p>	0.66 hr	CARE1207	Business



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Training Requirements

DEMENTIA CARE CERTIFICATION

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Class	Clients' Rights and Abuse Prevention for Older Adults Living with Dementia	1 hr	CARE1208	Starter
Objectives	Define client's rights and the importance of confidentiality, privacy, and security of protected health information. Recognize principles of self-determination and how older adults living with dementia can make informed decisions about advance directives. Demonstrate the ability to identify, prevent, and report situations of abuse, exploitation, and neglect towards older adults living with dementia.			
Class	Addressing Dementia-Related Behaviors When Assisting with ADLs	0.25 hr	CARE1209	Starter
Objectives	Apply person-centered care and best practices in assisting older adults living with dementia with ADLs. Describe strategies for addressing ADLs throughout the progression of dementia. Identify situations that may trigger dementia-related behaviors.			
Class	Assisting an Older Adult Living with Dementia with Bathing	0.33 hr	CARE1210	Starter
Objectives	Apply person-centered strategies for assisting older adults living with dementia with bathing. Describe tactics for adapting the client's bathing environment. Recognize best practices for ensuring the client's dignity, independence, and choice before, during, and after bathing.			
Class	Assisting Older Adults Living with Dementia with Grooming	0.25 hr	CARE1211	Business
Objectives	Apply person-centered care strategies for assisting older adults living with dementia with grooming, including haircare, shaving, skin and nail care. Recognize best practices for supporting the client's dignity, independence, and choice during the grooming process.			
Class	Assisting Older Adults Living with Dementia with Dressing	0.25 hr	CARE1212	Business
Objectives	Apply person-centered care strategies for assisting older adults living with dementia with dressing. Describe tactics for adapting the client's home environment for dressing. Recognize best practices for maintaining the client's dignity, independence, and choice while dressing.			
Class	Assisting Older Adults Living with Dementia with Oral Hygiene	0.25 hr	CARE1213	Starter
Objectives	Apply person-centered care strategies for assisting older adults living with dementia with oral hygiene. Recognize best practices for maintaining the client's dignity, independence, and choice while providing assistance with oral hygiene. Suggest adaptations and equipment for clients who need additional support during oral hygiene care.			
Class	Assisting an Older Adult Living with Dementia with Toileting	0.25 hr	CARE1214	Business
Objectives	Apply person-centered strategies for assisting older adults living with dementia with toileting. Describe tactics for adapting the client's home environment to support toileting. Recognize best practices for ensuring the client's dignity, independence, and choice before, during, and after toileting.			
Class	Assisting an Older Adult Living with Dementia with Eating	0.25 hr	CARE1215	Starter
Objectives	Apply person-centered strategies for assisting older adults living with dementia with eating. Describe tactics for adapting the client's home environment to support eating. Recognize best practices for ensuring the client's dignity, independence, and choice during the dining process.			
Class	Mobility and Falls Prevention for Older Adults Living with Dementia	0.25 hr	CARE1216	Professional
Objectives	Explain why older adults living with dementia are at greater risk for falls. Describe tactics for preventing falls.			